Florida. A tornado watch is posted for central North Carolina until 3:00 this afternoon and severe thunderstorm warnings have been issued for numerous counties.

A tornado watch means conditions are right for tornado formation. A tornado warning means that a tornado has been sighted on the ground or on radar. The safest place to be during a tornado is underground in a basement or storm cellar. If you have no basement, go to an inner hallway or smaller inner room without windows, such as a bathroom or closet. Go to the center of the room. Try to find something sturdy you can get under and hold onto to protect you from flying debris and/or a collapsed roof. Use your arms to protect your head and neck.

More severe weather information is available online at www.nccrimecontrol.org/severeweather.

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